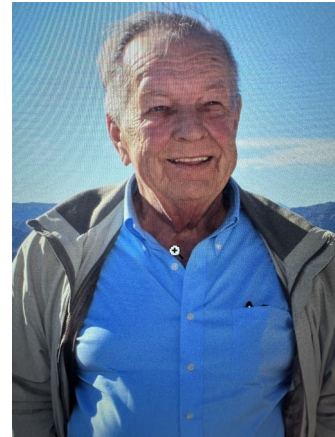




Celebration of life for Don Lamb
Saturday October 21, 2023
at 1:30 pm
Okotoks United Church.
Reception will follow.



SOUP FOR THE SOUL

2 hour workshop



Tuesday October 24th 11:00 - 1:00
Okotoks United Church

Prepare a healthy soup together, enjoy it with others and take one home to share with someone else

REGISTER NOW

Jennifer Mallamo
brainhealthcatalyst@gmail.com
403 969 6040

Joint Service and Potluck - October 29, 2023

United Church in the Valley, St. Andrews, and Okotoks will get together for our regular 5th Sunday Joint Service and Potluck.

Please join us for worship, food and fun.

Okotoks United Church at 10:45



The Healing Ministry sessions are available the **first and third** Monday of each month between **1:30 - 3:30 pm**.

To book a session, please contact
Gisela Dyck at 403-938-2506

Fall Sermon Series:

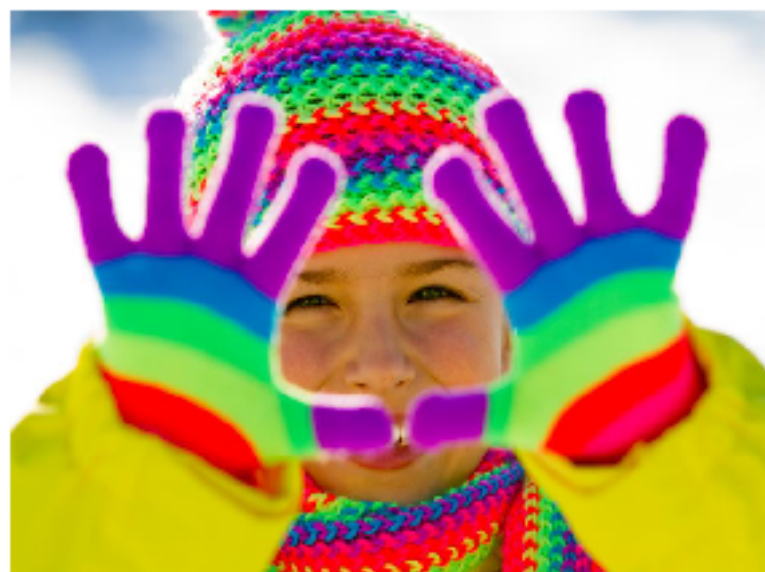
ALL YOU NEED IS LOVE

September 24th – October 22nd

Join us and decide for yourself whether it's true...



Jacket Racket 2023



**Drop off gently-used clean
winter clothing at:**

- Sobeys
- Okotoks Public Library
- Foothills Cleaners
- Better Than Home Laundry
- Okotoks Centennial Arenas
- Okotoks United Church
- Main Street Market & More
- Okotoks Fire Hall on Milligan

**DONATIONS ACCEPTED UNTIL
OCTOBER 28th**



**SAINT VINCENT
DE PAUL • OKOTOKS**

**Okotoks United
Church
43 Riverside Drive**

**Winter Clothing
Give-Away
Everyone welcome!**

**Tuesday evenings:
Oct 17, Oct 24, Oct 31
6:00 to 8:30 p.m.**

**Saturday mornings:
Oct 21, Oct 28, Nov 4,
10 a.m. to 12:30 p.m.**



***St. Andrews United Church,
DeWinton***



We did it!

We paid off our RBC mortgage!

You were a big part of it - your years of faithful giving are so appreciated!



So let's **celebrate** together on

Sunday, November 19

(right after the worship service)

with cake, munchies and time to visit.

Mid-week worship has resumed!

Join us Wednesdays at 10:00 am

in the chapel





NEWS FROM ST. ANDREW'S UNITED

Thanksgiving Sunday, October 8th, saw twenty-six people join Julia for her third in the series on Love. She titled her message "This Is Me" and read from Paul's letter to the Corinthians (1 Cor. 3:16-20) where we are described as God's temple. She inquired whether we describe ourselves as being a glass half full or a glass half empty for until we love ourselves we cannot really love others. Today's question for connection asked "What do you need or what do you require to love yourself?" To see ourselves as lovable, we require to really look inward with no distractions and we may even require help to speak our own truth. As we bring our whole selves to God we do so with integrity from which thanksgiving comes. What do you personally need to love yourself in order to say "I am lovable?"

On October 15th twenty people gathered with Julia for the fourth in her sermon series on Love. Her message was entitled "Count on Me" and her question for connection was "How did people best care for you?" (I know this because I asked Julia before the service since we did not receive bulletins.) She read from Romans 13:8-10 which says in part "any other commandment are summed up in this word, "Love your neighbour as yourself." Love does no wrong to a neighbour; therefore, love is the fulfilling of the law." (verses 9b-10 NRSV) As part of her message, Julia asked us to spend a few minutes talking with and listening to one other person talk about their life (three minutes each). We ended with this thought – may we be the community of faith known as a community that loves one another.

A reminder: as October 29th is the fifth Sunday of the month there will be no service at St. Andrew's United that Sunday. Plan to attend the joint service and potluck with Okotoks United, United Church in the Valley, and ourselves at Okotoks United at 10:45.

Written by P. Marie Wedderburn

"Let gratitude be the pillow upon which you kneel to say your nightly prayer. And let faith be the bridge you build to overcome evil and welcome good." Maya Angelou

Julia's corner ...

Write Your Life - Wednesdays this fall at 6:00pm

Join Julia for a four-week course to help you create a record of your life. Cost is \$15.

No writing experience necessary. This will be an opportunity for insight, reflection and creativity.

Each week we will explore a particular theme or aspect of your life story with some questions for stimulating your creative writing.



Need a card sent to comfort someone in need?

Contact congregational care at

okcongregationalcare@telus.net



If you are interested in joining our group
please contact Janet Page
at 587-363-5423.

The Okotoks United Church Fireside Book Club meets on the second Tuesday of each month September through June at 1:00 pm in the upstairs Boardroom. The books we will be reading and discussing for the 2023-2024 season can be found on the church website. You are welcome to attend on a regular basis or simply if a book sounds like one you would like to read and participate in the discussion.

gifts with vision

The updated [Gifts with Vision website](#) will go live on Monday, October 2, and by then, we expect that you will have received a supply of print catalogues to share with your community of faith. If you haven't, or you would like to order more, please contact us at 1-844-715-7969 or at info@giftswithvision.ca.

Gifts with Vision is the United Church gift catalogue, prepared specifically to support Mission and Service programs. We ask that you share the information below in your bulletin, on your website, and in your services.

- Gifts with Vision are an opportunity to make a difference in someone's life—during Advent and Christmas, or at any time of year—by giving gifts from the comfort of home, with no packaging or wrapping needed. You can see this year's gift selection at giftswithvision.ca beginning October 2.
- Starting October 2, the first 50 online donations at giftswithvision.ca will be matched up to \$100 each—and you can schedule e-cards to notify your gift recipients up to a year in advance!
- Food security, safe water, reliable power, clean laundry, even bus tokens—these are all things most of us take for granted. But because of economic instability, climate change, and conflicts breaking out around the world, there are many people—especially children and families—for whom these things are no longer possible. You can make a difference in their lives through giftswithvision.ca.
- New gifts at giftswithvision.ca this year include solar power in Zimbabwe, backpacks full of school supplies for children who live under the poverty line, a biofuel pilot project run by women, and making the United Church camp experience possible for children in underserved communities in the Maritimes—along with many others.

This year, a **QR code** in our printed materials and our social media will take anyone who scans it directly to giftswithvision.ca, where they will also find great stories about how Gifts with Vision are transforming lives in Canada and around the world, along with a [short video](#) telling our story.

Every Gift with Vision provides support for a specific Mission and Service partner and for a unique project. Without Mission and Service, Gifts with Vision projects would not be possible. Thank you for being part of these hope-inspiring activities.

Blessings,



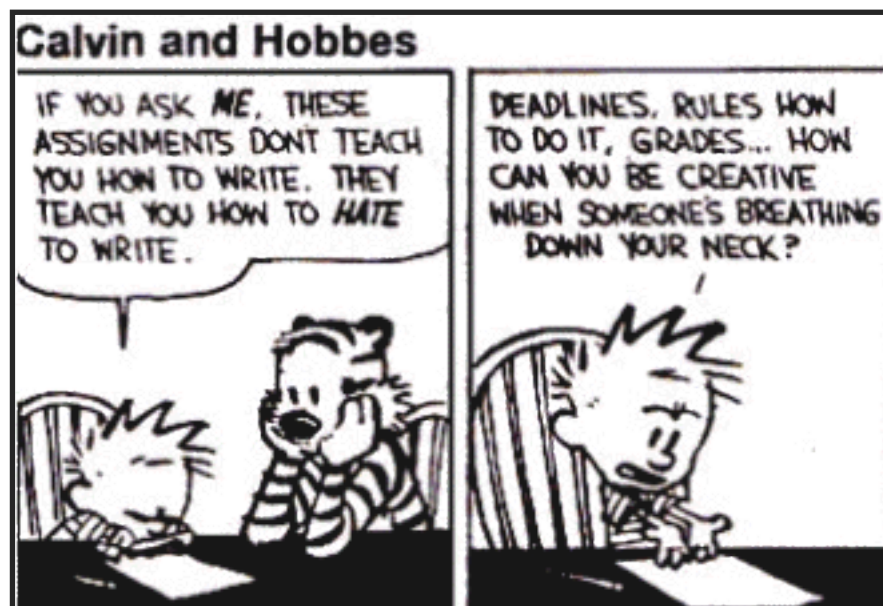
Glenn Waterman
Annual Giving Lead

P.S. If you have questions about Gifts with Vision, or if you would like more printed catalogues for your community of faith, please contact us at 1-844-715-7969 or info@giftswithvision.ca. Community members who have questions or would like to request catalogues are also welcome to contact us there.

At December 3, 2023's service we will host a reception of new members/transfer of members.

Interested in becoming an Okotoks United Church member?

Talk to Julia or the office to find out more.



Come and give yourself the gift of writing
(without someone breathing down your neck!)

The Write Your Life program has been expanded! Join others on a drop-in basis on Thursdays from 1- 2:30 pm in the Boardroom.

CONNECTIONS



Okotoks United Church Office
is open Monday to Friday

From 10:00 - 2:00 p.m.

The office can be reached at okunited@telus.net or 403-938-4357.
The Congregational Care Team invites you to reach out for confidential
spiritual and compassionate care by email at:

okcongregationalcare@telus.net

If you have an **urgent pastoral care**
need, please contact Julia
at 403-702-2249.

Pastoral Care

Laughter is good for the soul ...

What do sweet potatoes wear
to bed?

Yammies ...



Don't
forget to
set your
scales
back ten
pounds
this week

Prayers:

Maskwacis

Living Spirit

Gaetz Memorial

