



PROFILE

Gita has 2 levels of Integrated Community Drumming Circle (ICDC) plus Gentle Therapeutic Drumming training from [Circles of Rhythm](#) (a well-loved and well-established company based out of Calgary, Alberta, Canada, with 25+ years in business – they hold beautiful Circles every Friday evening throughout the year) and has been facilitating drumming circles, large and small, at various places around the community since 2016, including – but not limited to – schools, Okotoks Children's Festival, Canada Day events, retirement homes, community centres, Foothills Wellness Retreat events, and private locations.

Gita has worked by herself and/or in collaboration with several other ICDC-trained facilitators so you may be seeing several of us at different event offerings.

FOOTHILLS SPIRITUAL LIFE CENTRE
presents

DRUMMING CIRCLE

GITA GRAHAME

from **Infinite Rhythms**

**Second Friday
of each Month
(Starting September 11th)**

7:00 – 9:00 p.m.

**Okotoks United Church
43 Riverside Drive**

**Entrance by donation
(suggested donation \$15.00)**

www.okunited.ca

